

## Emotions by groups

[\[edit\]](#)

Here is a modified, tree structured list of emotions as described in Parrot (2001).<sup>[2][3]</sup>

Primary emotion	Secondary emotion (more correctly feelings)	Tertiary feelings/emotions
Love	Affection	Adoration · Fondness · Liking · Attractiveness · Caring · Tenderness · Compassion · Sentimentality
	Longing	Longing
Joy	Cheerfulness	Amusement · Bliss · Gaiety · Glee · Jolliness · Joyfulness · Joy · Delight · Enjoyment · Gladness · Happiness · Jubilation · Elation · Satisfaction · Ecstasy · Euphoria
	Zest	Enthusiasm · Zeal · Excitement · Thrill · Exhilaration
	Contentment	Pleasure
	Pride	Triumph
	Optimism	Eagerness · Hope
	Enthrallment	Enthrallment · Rapture
	Relief	Relief
Surprise	Surprise	Amazement · Astonishment
Anger	Irritability	Aggravation · Agitation · Annoyance · Grouchy · Grumpy · Crosspatch
	Exasperation	Frustration
	Rage	Anger · Outrage · Fury · Wrath · Hostility · Ferocity · Bitter · Hatred · Scorn · Spite · Vengefulness · Dislike · Resentment
	Disgust	Revulsion · Contempt · Loathing
	Envy	Jealousy
	Torment	Torment
Sadness	Suffering	Agony · Anguish · Hurt
	Sadness	Depression · Despair · Gloom · Glumness · Unhappy · Grief · Sorrow · Woe · Misery · Melancholy
	Disappointment	Dismay · Displeasure
	Shame	Guilt · Regret · Remorse
	Neglect	Alienation · Defeatism · Dejection · Embarrassment · Homesickness · Humiliation · Insecurity · Insult · Isolation · Loneliness · Rejection
	Sympathy	Pity
Fear	Horror	Alarm · Shock · Fear · Fright · Horror · Terror · Panic · Hysteria · Mortification
	Nervousness	Anxiety · Suspense · Uneasiness · Apprehension (fear) · Worry · Distress · Dread